

How to Register

-  **1** Go to: www.strengthening-families.net/parenting-courses
-  **2** Select an age range for your course
-  **3** Select a day of the week and time for your **group discussion** from the options available
-  **4** Complete your contact details
-  **5** Answer a short questionnaire
-  **6** Click on 'Your profile' and you can start your course

If you need any help, email us at sfscparent@racefound.org.uk