

The 21 organisations funded in addition to the Race Equality foundation are:

Together Dementia Support, Manchester

<http://www.togetherdementiasupport.org/>

The charity is providing culturally appropriate activities for African Caribbean older people including producing a DVD of gospel songs to provide stimulation and improve mental wellbeing. Increased staffing will allow members to enjoy more face to face contact as well as offering minibus trips according to covid-19 guidelines.

Black Health Initiative (BHI), Leeds

<http://lbforum.org.uk/services/bhi-counselling-service/>

The Initiative is providing arts and crafts activities to help with motor skills and delivering hot nutritional meals. A befriending scheme and counselling service to reduce anxiety and loneliness during lockdown.

Centre of Wellbeing, Training and Culture (CWTC), Rochdale

<http://cw-tc.co.uk/>

The Centre is using a range of online communication to raise awareness of dementia amongst the South Asian community. They are providing a helpline in multiple languages to support local communities with advice on health and social support during the pandemic. They have also given local organisations and service users a chance to share their experiences on a weekly podcast.

SubCo Trust, London

<https://www.subcotrust.uk/>

The organisation has increased their reach so that more Asian elders and carers can benefit from their services such as individual support, advocacy, information, and advice. A befriending scheme and support groups for both elders and carers aims to reduce isolation and provide an opportunity to share their feelings with peers.

Nubian Life Resource Centre Ltd, London

<https://www.nubianlife.org.uk/>

In addition to health and wellbeing activities, the Centre has involved service users in the creation of a culturally relevant reminiscence platform delivered across different black, Asian and minority ethnic communities. The platform

includes storytelling and recorded sing-along concerts which allow people to recall their memories in an artistic fashion.

Nyabingi Charity, Luton

https://www.luton.gov.uk/Community_and_living/community-centres/Pages/Bury-Park-Community-Centre.aspx

The charity is supporting African Caribbean people with dementia by offering storytelling, creative writing, and music workshops to help them recall songs and stories from their childhood. They also organise community awareness workshops to reduce the stigma surrounding dementia in the community, and a carers support group.

AmbaCare Solutions CIC, Shustoke

<https://amba-uk.org/>

The organisation is providing online social activities to address isolation and is creating a website which serves as a hub for advice, support, and resources for black, Asian and minority ethnic people with dementia and wider organisations and volunteers. An online group will provide support and advice to carers.

BME Health Forum, London

<https://www.bmehf.org.uk/>

The Forum has created a webinar focusing on dementia awareness and risk factors for black, Asian and minority ethnic communities to ensure people are well informed on the issue. They have also made a video to reduce the stigma surrounding dementia, aid carers and encourage people to seek diagnosis earlier.

Translated materials by the Forum include a Youtube video in

Arabic: <https://www.youtube.com/watch?v=GzdCsCtoKUU&feature=youtu.be>

Brent Youth Radio, Luton

<http://brentyouthradio.com/>

The radio station has organised a project where people with dementia can create a photobook which allows them to creatively express themselves during lockdown and use the photo book to engage with others. Older people will attend an exhibition to celebrate their creative work which they can keep afterwards to use as a support tool when sharing life stories.

Culture Dementia UK, Stanmore

<https://www.culturedementiauk.org/>

The charity will provide a weekly respite and isolation service to black and minority ethnic people living with dementia. Respite for carers will ensure that any physical or mental health issues can be better monitored.

African Caribbean Care Group, Manchester

<https://www.accg.org.uk/>

The Group will provide meal delivery and an advocacy, information and advice service to black and Asian people living with dementia. They have organised a befriending service to reduce isolation and a respite service for carers.

Bristol and Avon Chinese Women's Group (BACWG), Bristol

<https://bacwg.org.uk/>

BACWG has organised weekly support groups available over telephone or via Zoom so that service users have regular contact with others and an opportunity to discuss any problems they are facing. BACWG has also supported carers struggling to cope by themselves during lockdown with translation services and arts and crafts activities to bond with others.

Wai Yin Society, Manchester

<https://www.waiyin.org.uk/>

Wai Yin Society has developed a dementia awareness programme on a local Chinese radio station to raise awareness; and where people can broadcast their stories so the wider community can connect with people with dementia. They are also providing wellbeing mobile services, language assistance and culturally appropriate food parcels.

The radio programmes are available

online: https://www.mixcloud.com/radio_sheunglok/28-august-2020-radio-sheung-lok/ and https://www.mixcloud.com/radio_sheunglok/25th-september-2020-radio-sheung-lok/

Malcolm X Centre, Bristol

<https://mxcc.wordpress.com/contact-us/>

The Centre is providing care packages to people with dementia so personalised care can be delivered. This care includes culturally appropriate food packages shopping, prescription collection and a telephone check in service so they can connect more to individuals with dementia and their families.

Bristol Black Carers, Bristol

<https://www.bristolblackcarers.org.uk/>

The organisation is offering stress management, relaxation therapy and counselling according to covid-19 guidelines to anyone who would benefit from these services. They are also supporting carers by helping with debt management and providing hot meals to people with dementia which gives carers a break from cooking.

Bedford Caribbean Senior Citizens Association, Bedfordshire

The Association is helping people with memory retention issues through storytelling and music workshops as well as offering gentle exercise activities to maintain physical wellbeing. To raise awareness and reduce the stigma surrounding dementia in the community, the organisation has put on Community Awareness Workshops.

Europaia, Manchester

<https://europaia.org.uk/starting-a-conversation-about-dementia/>

Europaia's Starting a Conversation about Dementia project has developed culturally appropriate resources to disseminate throughout Polish and Lithuanian communities. Practical support through volunteers and a webinar will raise awareness of dementia amongst these communities.

Council for Asian People, London

<http://thecommunityhub.org.uk/>

The Council is raising awareness of dementia amongst the South Asian community through a networking event and promote better access to services for South Asian people with dementia. A carers group will be established.

Asian People's Disability Alliance, London

<https://apda.org.uk/dementia-project>

The Alliance is training staff to deliver culturally tailored dementia befriending and advocacy support to people living with dementia through dementia-friendly apps and devices. Each intervention is then evaluated to allow for the development of more suitable care for Asian people with dementia in the future.

Asian People's Disability Alliance have translated a key facts on dementia resource: <https://www.rcpsych.ac.uk/mental-health/translations/hindi/dementia-key-facts>

Irish in Britain, London

<https://www.irishinbritain.org/>

The charity is delivering a Cuimhne Carers Project which focuses on creating culturally specific information and resources for family members caring for Irish people living with dementia. A carers forum and weekly online webinars to equip carers with practical skills and train them to have difficult conversations concerning plans for the future with elders with dementia

Bristol Somali Resource Centre, Bristol

<https://www.somalicentre.co.uk/>

The Resource Centre is providing daily telephone befriending service, support and advice; reminiscence through Somali songs and folk stories. Smart phones and tablets are aiding people with dementia to contact friends, family alleviate isolation.